SENTINE.

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F. E. Warren Air Force Base, Wyoming

Jan. 16, 2004

Roadwarrior II-Convoy Training

Tech. Sgt. Charles Denton 20th Air Force

"Shoot, move and communicate." These are the basic concepts of the National Nuclear Security Administration training regimen. From Dec. 8 to 19 at Camp Roberts and Fort Hunter in Liggett, Calif., Air Force Space Command and NNSA personnel conducted joint training called Road Warrior II. The NNSA provided nuclear weapon convoy training for personnel from Warren, Malmstrom and Minot Air Force Bases. Security forces, missile maintenance and helicopter operations personnel were trained using NNSA's building block, or "crawl, walk, run," approach to training.

Shoot

All personnel received training on the weapons used during convoy operations. This weapons training exposed convoy personnel to courses of fire far different from the normal Air Force Qualification Courses of fire.

Personnel zeroed their M-16 rifles using the standard 25-meter target and rifle zero process. Shooters then engaged targets at 100 meters. Personnel received a course of fire that required them to move while shooting. They then fired the "Stress Shooting" course of fire. This required shooters to sprint approximately 75 yards to the firing line where they loaded their weapons and engaged targets at dis-

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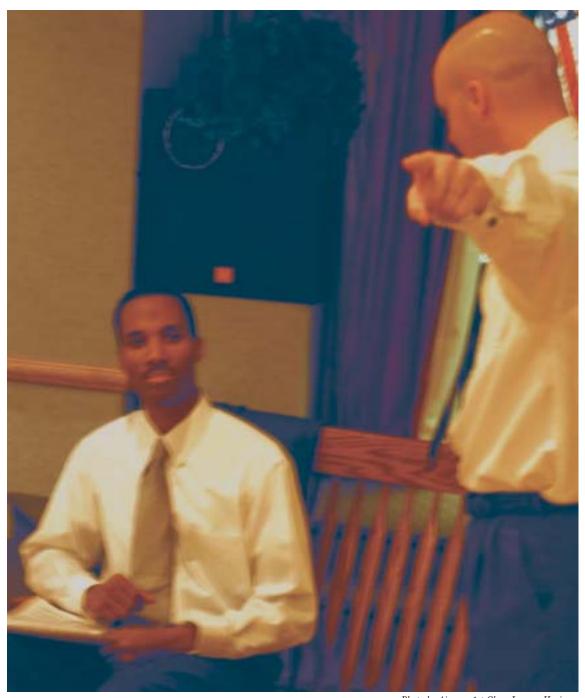


Photo by Airman 1st Class Lauren Hasinger

March

Martin Luther King Jr., played by 1st Lt. Norm Carpenter, 90th Missile Maintenance Squadron, listens as Mayor Buford, played by Staff Sgt. Kurt Arkenberg, 90th Space Wing Public Affairs, tells him 'March yourself right on out of town.' The skit 'The Sitting Place,' based on Master Sgt. Rob Palos', 90th Space Wing Military Equal Opportunity, movie by the same name, was part of the MLK Luncheon Thursday at the Trail's End Club.





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Warriors One And All

Col. Jack Weinstein 90th Operations Group commander

All of us at Warren share a common bond. something that uniquely makes us brothers in arms; we raised our right hand and decided that serving our country was a higher calling than anything else we could possibly do. We felt that pride and enthusiasm the first day we put on a uniform. And on that day, we wore no stripes on our sleeves or metal on our shoulders, but we became part of team, a team greater than its individual parts.

Our uniforms weren't fancy, but they didn't have to be, the simple fact that we could now call ourselves airmen, was all that we needed. A bond that is shared by officer and enlisted alike, from the newest airman to our fourstar generals, we are vested in a community of warriors serving our

A few years ago I was fortunate to attend a briefing where the guest speaker was the Chairman of the Joint Chiefs of Staff, Gen. John Shalikashvili. He told our group of young majors that every once in a while you need to put your work down and just think-not very often, he joked. Under today's ops tempo it's difficult, if not next to impossible, to stop and take that deep breath because no matter what career field you're in, we're working harder than ever. During these times of unprecedented challenges, it becomes even more important that we reflect about the importance of our mission and why we wear this

Our mission demands unparalleled perfection, not from a few, but from everyone who maintains, secures, supports and operates our two weapon

systems. The pride that you felt the first day you donned your blues and became members of the greatest Air Force the world has ever known, is the pride you should feel everyday as you look into the mirror and realize how important you are to the defense of our nation. We are all warriors serving our country during a time of war and we provide the nuclear backbone necessary to support the rest of our military. And it's simple to see that while our individualism is important, being part of a team is what enables us to perform feats of magic that we could only dream about if we thought of ourselves only.

Our uniform ties us to the heroes of the past. In the early 90s, I was part of the initial team that stood up Twentieth Air Force. I was able to wear the same Twentieth Air Force patch on my crew blues that my father wore on his uniform almost 50 years earlier when he was flying B-29s during World War II in the South Pacific. So while our culture may stress the value of one, it is only through teamwork that we have protected our freedoms from one generation to another.

Wearing our Air Force blues is not something we should arbitrarily take for granted, but we should embrace all that it means. Every member of the 90th Space Wing is vital to the security of our nation. We could never do what the American people rightfully expect without the Herculean efforts of the entire wing team. So as you look into the mirror and reflect upon the image, remember you are looking at a warrior steeped in heritage proudly doing the most important job imaginableprotecting the United States of America.



Just when you thought it was safe to read the paper again, Hoops' Shots makes its return. Between holidays and the flu, it's been awhile since my last article. I hope you had a terrific holiday and I wish you all a great New Year. I continue to get

letters of appreciation highlighting our superb people and the impact they make on our community. One came from the Cheyenne Animal Shelter praising our volunteers who helped them move to a new facility; specifically, Tech. Sgts. William Hemberger and Toby Carlile, Senior **Airmen Clinton Greiss and Nicholas** Tessmer, and Airmen 1st Class **Andrew Grashoff** and Emily Duran. Another came from two parents. Their daughter rolled her vehicle north of Potter, Neb. She had been there awhile and no one had stopped to help or even investigate. But, two Mighty Ninety warriors did! Tech. Sgt. David Bratton and 2nd Lt. Billy Willard gave buddy care and got help and these parents credit them with saving their daughter's life.

You can always count on military members to make a difference - it's in our blood to serve, to give back, to get things done. That's why I love being in uniform

and serving with those in uniform. Just look at what we did over the holidays in addition to Operation Provided Joy: 172 food baskets were distributed, more than 200 children were supported through the Angel Tree and Operation Warm Heart supported more than 150 families. This year our people donated over \$20,000 on these programs - and that number is probably low. I want to thank all of you for your generosity and in particular Capt. Sly Ortiz and the OPJ volunteers, Mr. Mike Boggs, Master Sgt. Anthony Neil and the Family **Support Center staff** for going beyond the mission to make these programs work. Well done!

Kudos go out to our OSI Detachment 805 for earning an Outstanding rating on their inspection - the best for their region and they deserved it! I'd also like to congratulate Mr. John Balser on taking over chairmanship of the Military Affairs Committee - we look forward to serving with you - and to thank Col. (Ret.) Pete Illoway for his exceptional service as the past Chairman.

If you felt a ripple in the otherwise calm waters of our nation's deterrence it's because I recently passed my

> See HOOPS, Page 19

Warren

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Warren Hosts DoD Nuclear Inspection Team

Cindy McGovern

Defense Threat Reduction Agency Public Affairs

Navy Capt. Rodger Krull of the Defense Threat Reduction Agency called the Nuclear Surety Inspection that kicked off at Warren Jan. 8 one of the largest Air Force inspections his team will conduct this year. Capt. Krull brought his team of 17 to Cheyenne to assess the 90th Space Wing's nuclear capable units. DTRA is the Department of Defense executive agent for the Defense Nuclear Weapons Technical Inspection program. These independent assessments are administered under Technical Publication 25-1, Nuclear Weapons Technical

Inspection System.

DTRA tries to conduct its inspections in conjunction with the services. In the case of War-

ren, DTRA's inspection was being conducted at the same time as that by Air Force Space Command's Inspector General. The IG inspection typically looks at several areas in addition to those inspected by DTRA. In the initial in-briefings, DTRA and Air Force team leaders emphasized the necessity of working together and the importance of open communication between the activities involved. For example, to help alleviate some of the distractions for the inspected units, DTRA

and IG personnel typically work together by coordinating their visits to the units.

In his introductory remarks, Capt. Krull said exercises will be conducted as part of the inspection process, however, most of the inspection was not a timed event. He also emphasized that the DTRA portion of the inspection was compliance oriented; DTRA does not establish policy.

When the DTRA team departs, Capt. Krull will leave a draft report with the wing commander, with the final report following in two or three weeks. The final report is provided to the Secretary of Defense, the Joint Chiefs of Staff, the Air Force chain of command

How'd we do?

of the NSI today at 9 a.m. at the

base theater. You can also see it

on the CAC Channel 19

Col. Hoops will release results

and major commands.

"The report is also provided as a courtesy to the Navy, which also has nuclear

capable units subject to inspection," said Capt. Krull. "It's in the interest of the program to get these reports to the right organizations as lessons learned."

The NWTI process is divided into three broad categories, security, technical and personnel reliability program.

The security portion of a NWTI assesses all aspects of the unit's security processes to include physical security, access control and personnel security. For instance, the



Photo by Cindy McGovern

Security forces members are inspected by Lt. Col. Thomas Lambert, DTRA Security Forces team leader. DTRA's NWTI began Jan. 8 on Warren and in the field.

security team described entry control as a critical area of concern as well as procedures taken during convoys. The team also looks at timing and tactics when the unit responds to exercises.

The technical portion of the NWTI observes how personnel actually perform weapons maintenance. For example, are tools being handled properly, and are the personnel properly certified? The technical portion also looks at weapons accountability, training records and required reports to higher headquarters. In short, the technical inspection covers the unit's performance as the weapon is taken from stockpile to employment or retirement.

The Personnel Reliability Pro-

gram is the final aspect of the NWTI. Every individual in DoD who has access to nuclear weapons is in the PRP and must be properly certified, to include the correct security clearance. During the inspection, the PRP team will review the medical and service records of inspected personnel.

DTRA, headquartered at Fort Belvoir, Va., is charged with reducing the present threat to the United States and its allies from weapons of mass destruction and preventing future threats. The agency supports the U.S. nuclear deterrent capability; reduces the threat from nuclear, chemical, biological, other special and conventional weapons; and counters threats posed by WMD.



Photo by Airman 1st Class Lauren Hasinger

Thank You Madam President

Ladies Auxilary to the Veterens of Foreign War state president Ms. Gladys Dove (Left) and national president Ms. Evelyn McCune (Right) read books with preschoolers Shaun Black and Madison Murray. The Ladies Auxilary to the VFW donated 160 books to the CDC Monday.



8 January 2004

Fit To Fight #5 - Message to Commanders

The changes to our fitness program I announced last July are being well received by our airmen. As I visit our people, both at home and deployed, I'm pleased to see airmen taking my fit to fight challenge seriously. Commanders are integrating fitness into their units' daily routine; airmen are excited about this emphasis on their well-being; and our mindset is changing to one more focused on our warrior culture.

Over the past several months, I've been working with the MAJCOM Commanders to develop a sound policy for our units to execute our new fitness program. We've captured that policy in a command series Air Force Instruction, AFI 10-248, and you can review it at http://www.e-publishing.af.mil/pubfiles/af/10/afi10-248/afi10-248.pdf

The change from a 40 series AFI to a 10 series AFI demonstrates my conviction that fitness of our airmen is a responsibility of command. As I've said before, commanders, supervisors, and front-line leaders must lead the way-through unit physical training, personal involvement and, most important, by example. This AFI delineates responsibility and accountability at each level. I expect all commanders to read this AFL Understand it, adhere to it, and support it fully.



Stuart A. Ziemann

1954-2004

Stuart "Stu" A. Ziemann, 49, the 90th Civil Engineer Squadron deputy flight chief for operations at Warren, and a prominent Chevenne businessman, died Sunday.

Stu had worked in various positions since 1982 and had been assigned as the deputy chief of operations since 1990.



Stu's impact on the base and mission is a lasting legacy to his effort and drive. He was instrumental in re-certifying the nuclear hoist program and built a program repeatedly recognized as "best in command." He established the work force, resources and methodology to preserve the historic fabric of many of the buildings on base. He most recently supervised the construction of facility security controller training suites and the complete renovation of the wing command post. Stu was instrumental in the support required for Frontiercade, Fort D.A Russell Days and Cheyenne Frontier Days.

He was recognized numerous times as the Mission Support Group and Civil Engineer Squadron Civilian of the Year, the Supervisor of the Year, as well Outstanding CE Manager of the Year Senior Civilian Manager of the Year in Air Force Space Command in 1998. He was nominated for the Harry P. Reitman Award for best Air Force Manager and twice for the Maj. Gen. Clifton Wright Best in Air Force Award. He received the SAC CE Award for Best Heating Plant, the Curtain Award from the Society of American Military Engineers, Outstanding CE Unit and Best installation in AFSPC.

He was a "can do" kind of guy, a devoted family man, a caretaker, a joke teller and a best friend with an infectiously positive attitude.

Stu was born Sept. 16, 1954, in Garrison, N.D. Stu and his wife Dianne owned 'I Am A Promise Day Care' for 19 years and were part owners in Pioneer Printing.

He is survived by his wife, Dianne; his children, Trevor, Joshua and Cori; his mother, Helen; and his siblings, Mark, Betty Thomas, Jerome, and Barbara Cisneros.

Courtesy of the Wyoming Tribune Eagle.

Warren Fire Dept. Always On Call

Elizabeth McClain 90 CES Fire DAWGS

When the alarm goes off who will respond, when the fire sprinkler system goes off who do you call? If your answer is other than 911 you could be dead wrong!

Changing fire alarm batteries regularly may give people a sense of safety and relief that the minor lifesaving detail is taken care of, but what happens if that alarm does go off?

In an emergency situation call 911. If the first responder that answers determines it is less than an emergency they will direct you to a non-emergency number.

For the second time in only a few months here a fire suppression system has gone off. This time it was due to the frigid temperatures breaking the water lines. The actions taken by the residents set off bells and whistles for the fire department in part because the individuals called the wrong agencies to report the incident which delayed the first responders.

The fire department's concern is the first responders cannot respond if they don't know what's going on.

Be aware of the type of fire detection or fire suppression systems, which may be installed in a base building. Your supervisor is responsible for providing you with this information and briefing you on the proper actions to take when these fire systems are activated.

Most base facilities have automatic fire detection or fire suppression systems. When activated they sound an alarm within the facility and transmit the alarm signal to the main fire

station. These systems are designed and provided to ensure the safety of occupants in the event of fire. To be totally effective, everyone must know how to react when a facility evacuation alarms go off. Like any other mechanical or electronic system, they are susceptible to malfunctions.

The proper way to react to a fire evacuation alarm is to proceed in an orderly manner to the nearest exit and gather in a pre-designated area. Find out from your supervisor or facility manager where the assembly area is.

When facility fire evacuation alarms are activated, all occupants must exit the building. Always call 911 to report activation of the fire alarm system and conditions within the facility even when fire and smoke are not present.

In The Event of a Fire or an Alarm:

- ♦ Sound the alarm (if not already going off)
 - ♦ Evacuate the facility
- ♦ DIAL 911 from any phone and give the following information:
- ♦ Your name and building number
 - ♦ Location of the fire
 - ♦ Give call back number
- ♦ Any trapped/unaccounted personnel
- ◆ Try to fight the fire if it can be safely done.
- ♦ CALL 911 to report any emergency or system malfunctions (i.e. broken water line, sprinkler heads or damaged detection devices) For non-emergency calls dial 773-2931.

CONVOY, from Page1

tances up to 300 meters. The next course required shooters to engage pop up targets at distances from 75 to 300 meters. Finally, organized personnel in two, three or four person teams placed them inside of various vehicles including a helicopter. When given the signal, they would deploy from the vehicle and rush as a team to the firing line where they would engage targets as a team.

Those from helicopter operations received M-9 pistol training. They were also provided a course of fire outside of the normal boundaries of the AFQC. This training was made to enhance their marksmanship and weapon employment fundamen-

All maintenance and security force per-

sonnel received training on, and fired the M-240 machine gun, M-203 grenade launcher and the MK-19 40mm machine gun. These courses of fire allowed shooters to engage targets out to the maximum effective range of the weapons. Shooters were able to demonstrate their true proficiency levels. The firing of high explosive rounds served to pump up all personnel as well as provide a lesson demonstrating the power of these weapons.

Move

Using the "crawl, walk, run" approach, everyone involved received tactical training. The "crawl" phase began with individual movement techniques. Building off of that, the next block was team move-

> ments. Then training progressed into small unit tactics. Everyone was taken out to the field to conduct practical application of what they had learned. This allowed some of our troops to rekindle these perishable skills, while others were learning them for the very first time. Building off of those skill sets, they "walked" into what is called "Lane Training." In this block of training, a payload transporter van was parked along the road and personnel, organized into small teams, were required to maneuver toward the PT van.

Each team had to contend with at least one opposing force member in their expected lane of travel. Finally reaching the "run" level of the crawl, walk, run approach, the lane training took on a new twist. All teams were required to maneuver toward the PT van while integrating with other teams in order to simulate securing the resource and defending against OPFOR personnel. Also during this phase, missile maintenance personnel received some individual training or advice on their potential actions as PT van drivers.

Communicate

Finally, all aspects of the training were combined into actual convoy scenarios. During static and rolling convoys, all convoy personnel represented their units well in all scenarios, battling an OPFOR comprised of a Marine Corps infantry platoon from Camp Pendleton, Calif. The sound of weapons fire, explosions from ground burst simulators and billowing plumes from smoke grenades were abundant. Above it all, the convoy personnel could be seen and heard planning, reacting and adjusting to whatever they encountered. Security forces, missile maintenance and helicopter operations personnel combined as one team to defend their simulated resources and complete their missions.

Through this comprehensive joint training, Warren security forces are better prepared for any convoy security situation.

Security forces set up defensive positions during RWII training.

Sentinel • Jan. 16, 2004

BRIEFS

SFS Seeks Volunteers

90 SFS Investigations is seeking people with foreign language skills to be interpreters during crisis situations. Any person who would like to volunteer as an interpreter can respond to Staff Sgt. Scott Gero e-mail via scott.gero@warren.af.mil. Volunteers should include their first and last name, squadron, foreign language spoken, duty phone and home/cell phone num-

Tax Center Needs Assistance

The Warren tax center is looking for volunteers to help provide over \$200,000 worth of tax services to the community. Active duty, retirees, spouses and friends can be released from duties to attend the Volunteer Income Tax Assistance Course (VITA) and volunteer. Talk to your supervisor about your availability and call Capt. Lance Wood or Staff Sgt. Tim Johnston at 773-2256.

Burger Burn Scheduled

The Post-Inspection Burger Burn will be held 10:30 a.m., today at PK High Bay, Building 1501. Col. Evan Hoapili, 90th Space Wing commander, will speak and thank everyone for their hard work during the NSI. Everyone is invited to enjoy the free food, which will include hamburgers, cheeseburgers, hotdogs, chips and soda.

Women's History Month Meeting

The next Women's History Month meeting will be Wednesday 11:30 at the Trail's End Club. Everyone is welcome to come, purchase lunch and help plan March's exciting activities. For more information on Women's History Month, call 1st. Lt. Nicole Walters at 773-3297.

Guard and Reserve Opportunities

Interested in Air Force Reserve or the Air National Guard? For Palace Chase or Palace Front information, call Master Sgt. Erika Bueno at 773-1983.

NCO Council Social

The NCO Council Social is scheduled for 4 p.m., Wednesday at the Trail's End Club. The NCO Council Meeting is scheduled for 3 p.m., Jan. 23 at the Trail's End Club. The NCO Council is open to staff sergeant, technical sergeant and staff sergeant selects. For more information call Staff Sgt. Rebeca Hinz at 773-5428 or Staff Sgt. Annamarie Palacol at 773-2571.

Some Tax Statements Now Online

Tax statements are now posted on myPay for Army, Navy and Air Force Reserve, Department of Defense and Department of Energy civilian employees, military annuitants and military retirees.

The W-2 and 1099 statements are available for these groups to view and print, allowing them to submit their tax returns. Air Force activeduty members will have their statements posted no earlier than Jan. 16, but no later than Jan. 26.

Employees can view their tax statements from myPay at https://mypay.dfas.mil. For assistance call myPay customer support toll-free at (800) 390-2348.

Luncheon Scheduled

The 90 Space Wing Quarterly Awards Luncheon will be 11:30 a.m., Jan. 27 at the Trail's End Club. Contact your first shirt no later than Jan. 23 to RSVP.

MEO Offers Classes

90th Space Wing Military Equal Opportunity teaches First Duty Station (FDS) and newcomers orientations twice a month. Both classes focus on Air Force Equal Opportunity and Treatment policy and our responsibilities in the human relations resolution process. Attendance is open to all base personnel. FDS is required for all personnel new to the

Air Force: enlisted, commissioned and civilian. Newcomers Orientation is a refresher course required for all personnel arriving at Warren from a previous duty station. For more information, call the MEO office at 773-2741.

Aerobics Classes Available

Are you looking to spice up your workouts... or simply just want to start working out? Come to the new gym in the aerobics room for free aerobics classes weekdays at 5:30 a.m., 12 p.m., 5 p.m., and Sat. 10 a.m. We offer step, double step, intervals, yoga, cardio kickboxing, power toning and floor aerobics. Detailed class descriptions and the instructors who teach them are posted on the aerobics room door along with the current schedule. For more information, contact Lucy McVeigh at 631-4979 or Capt. Laura Hasker at 773-3348.

Airman Wades Through Childcare Choices

Airman 1st Class Lauren Hasinger Public Affairs

Senior Airman George Georgie has a twelve-month-old daughter, Georgia. His estranged wife Georgette left him and Georgia to pursue a career in the acrobatic arts. Heartbroken, Amn. Georgie continues to work as an information manager for the 90th Mission Support Squadron Monday through Friday from 7:30 a.m. to 4:30 p.m. His aunt Mildred has been taking care of Georgia for free during the day since she was three months old. Aunt Mildred has just been given an assignment by the American Red Cross to work as a phlebotomist in Rwanda for one year. Amn. Georgie, whose annual base income is \$20,721.60, needs help. He heard

about the Child Development Center on base through a co-worker and wants to know more.

The CDC opened July 1999 with room for 168 children of DoD parents. Accredited through both the DoD and the National Association for the Education of Young Children, the CDC is open weekdays 6:30 a.m. to 5:30 p.m. Licensed providers on base provide extended duty and missile shift care. If the parent is late picking up the child there is no fee as long as it's duty related, according to Suzanne Francis, CDC child development director.

The CDC provides care for children 3 months to Kindergarten. The provider to infant ratio is four infants to one provider. There are five children to one provider for the pre-toddlers, ages 1 to 2. For every seven toddlers, ages 2 to 3, there is one provider and one provider for every 12 preschoolers, ages 3 to 5.

The cost per child is mandated by income. The fee varies from \$57 per week if the total family income is less then \$28,000 to \$120 per week when the combined family income is more than \$70,000. According to the Military Child Care Act of 1989/1996, the fees are set up so that the parents pay approximately half of the total cost of providing the care with taxpayers paying the rest.

"We have a full curriculum for development according to age," said Ms. Francis. "We have science, math, literacy, dramatic plays and arts and crafts." There is also family style dining during breakfast, lunch and the afternoon snack so the children can learn social development.

Should an altercation erupt between two children the CDC implements redirection. Redirection is taking the child to another activity or place in the room and encouraging the children to share feelings with each other.

Occasionally the CDC will have a waiting list. When they do, they will recommend using one of the 11 on base providers who are licensed by Family Child Care. On base providers go through training and

Need More Info?

For more information on the CDC, call 773-2639 To check on in-home daycare providers, call the Family Child Care Referral Line at 773-4119.

home inspections and follow the same health and safety as the CDC, however they are their own business so the cost and the amenities will vary.

"The Air Force set the bar for federal child care through training, accreditation and certification," said Lt. Col. Jack Mitchell, 90th Services Squadron commander. "It's not just day care. It's a whole developmental process."

After thoroughly researching the CDC, Amn. Georgie figured he will pay \$2,964 for one year of Georgia's childcare. Dumped by his wife and abandoned by Aunt Mildred, Georgia is the one woman in his life who has stuck by his side no matter what so he wants to make sure he's getting her the best childcare he can afford.



Airman Tessa Cubbon Public Affairs

Amn. Georgie decided that, while Warren's Child Development Center sounded like all that and a bag of chips, he might want to explore other childcare options. So, phonebook in hand (and Aunt Mildred hounding him as she packs her bags) Airman Georgie begins his search for the ideal off-base childcare provider. He finds it in Generic Childcare Inc., a downtown daycare center that's as average as average can get.

Generic Childcare Inc., operating since 1986, is located in a respect-

able area of town not to far from the base. The childcare center is a sizable facility with a large playground and an ample number of teachers. All personnel have training consisting of CPR and first aid certification. The center is accredited and inspected by the county on a regular basis.

Enrollment in the friendly facility requires nothing from Georgia, and the only thing Amn. Georgie must fill out is an enrollment form. The enrollment form contains emergency contact information, field trip permission forms, medical history and any special needs his daughter may have.

The cost for Georgia to attend Generic Childcare Inc. for one month is \$410, or \$4,920 for a full year.

All tuition payments are made up front. If Georgia is absent, the center will not charge Amn. Georgie since the tuition has already been paid. There are no fees if he brings Georgia in late.

Since Amn. Georgie would be bringing his pride and joy in to the center everyday, she will enjoy a variety of activities to entertain herself while away from her father. Some activities at the daycare center include playing with toys provided by the center, coloring, painting, and playing with play-doh. There is also a soft plush jungle gym, story time and once a week the children are allowed to watch an educational, but not too stimulating, movie such as Georgia's favorite cartoon, Bubba the Bear's Bee Hive Adventures.

When the weather is nice, the children may be piled into a six-seat buggy with five-point harnesses to strap the little rascals in to be

pulled around the playground.

If a child comes to the center ill, or if he or she picks up a bug during playtime, causing any combination of vomiting, diarrhea, or a fever of 101 degrees or more, the parents are notified and the child is sent home.

For naughty children who decide to scuffle with a classmate, bite a teacher or steal the class pet, the center implements redirection as a disciplinary action. If redirection doesn't work, the child is put in time-out. If time-out doesn't work, the child sits with one of the teachers in the center's office.

Taking into account financial limits, a child's needs, such as discipline, toy preference, deciding on a childcare provider can be pretty tricky business. Amn. Georgie will be taking the facts and turning them 'round in circles in his head - weighing the entertainment value of the downtown care against the educational and price value of the base-offered care - to find the best place for his darling daughter.

OSS Hands CE 2nd Loss, Moves Within a Half-Game Of Top Spot

Airman 1st Class Lauren Hasinger Public Affairs

The 90th Operation Support Squadron narrowly defeated the first place 90th Civil Engineer Squadron 47 to 42 to move within a half game of first in the game of the week Tuesday at the new gym.

The first half was a close contest with OSS getting hot from the behind the arc late in the half and grabbing the four-point half time lead behind Dave Gallagher's 13 points.

CE made a run early in the second, but OSS answered the bell every time CE cut into the lead. As the game wound down the referees found the whistles they had swallowed in the first half putting OSS on the line more than half a

dozen times in the second half. The OSS players knocked down these freebies and stretched the lead before the buzzer sounded giving OSS the five point victory.

Gallagher followed up his first half outbreak with nine-second half points leading all scorers with double duece. Rickie Banister dropped dozen, Jeremiah Iacarella added seven, Zachary Krbec pitched in four and Arvin Clark rounded out the OSS scoring with a deuce.

Brian Evans led the way for CE with 11, Jason Vanover knocked down three from down town for a total of nine, Terrell White, Kyle Barrett and Marcus Drummer each dropped six for CE and Jeremiah Hammill and Dan Conrad added two points each.



Photo by Airman Tessa Cubbon Rebounders jockey for position as an OSS baller attempts to knock down a floater in the lane Tuesday. OSS defeated CE 47-42.





255 (High Game Hdcp)

Sports and Recreation

Basketball Standings EastWest Team Record **Team** Record MOS \mathbf{CE} 8-1 8-0 MXS-A 7-2 SFS-B 6-2 OSS 5-5 **6-2** MDG **790** LRS 4-7 2-6 SFS-A 2-5 MXS-B 2-6 \mathbf{CS} 1-6 **MS10** 1-6 **321** 1-4 Standings current as of Tuesday



Youth Bowling Scores

Pee Wee (Ages 3-6) Dane Jacobsen **79** (Average **59**) Jordan Punahele **75** (Average 43) Bantam-Prep (Ages 6-11) Tyler Hall 531 (High Series Hdcp)

Anne Howard 490 **Brian Devore** 208 (High Game Hdcp) **Ashley Howard** 197

Junior-Major (Ages 12-21) **Jason Price** 674 (High Series Hdcp) 633 Michelle Keney

Amber Prsatt

Broderick Barge

Around the Air Force



Air Force Translator Arraigned

TRAVIS AIR FORCE BASE, Calif. - The opening session in the court-martial case involving Senior Airman Ahmad A. Al Halabi convened here Jan. 13. The accused is charged with Uniform Code of Military Justice violations including failure to obey a lawful general order, making false official statements and attempted espionage.

Safety Concerns Ground Aircraft

U.S. AIR FORCE ACAD-EMY, Colo. - Forty-five aircraft assigned here have been grounded amid safety concerns after Air Force quality assurance evaluators discovered contractor maintenance irregularities. The grounding affects cadets participating in soaring and parachute training, and the Cadet Flying Team.

Safety concern was heightened following the Jan. 2 engine failure of a twin-engine UV-18 Twin Otter aircraft used to support cadet parachute training.

AAFES receives special award

NEW YORK - The Army and Air Force Exchange Service received the American Spirit Award during the National Retail Federation's annual convention recently.

AAFES was selected for the 2004 honor because of its support of U.S. servicemembers fighting terrorism. The award is designed to recognize exceptional achievement and is presented only when circumstances dictate. Former recipients include former Presidents Jimmy Carter and George Bush.

AF Patient Education Program Helps Combat a 'Silent Killer'

Capt. Bill Chance

Center of Excellence for Medical Multimedia Education Services director

The Air Force Medical Service's Center of Excellence for Medical Multimedia in Colorado Springs, Colo., is helping to combat one of the Air Force's major health care burdens, Hypertension.

The CEMM was established six years ago, on the grounds of the U.S. Air Force Academy, as an advanced technology production group. Their mission is to produce and distribute worldclass DVDs, videos, interactive CD-ROMs, and internet websites to educate patients and their families about important healthcare issues.

Cardio Connection: Hypertension, the CEMM's newest interactive patient education program, is designed to inform patients about high blood pressure,

including diagnosis and treatment methods. This program contains state-of-art animations of the heart, circulatory system, and kidneys to help patients understand this common medical condition. Topics covered in the program include:

- ◆ Lifestyle changes
- ♦ Risk factors
- ◆ Proper diet and exercise
- ♦ Basic anatomy and physiol-
- ◆ Testing procedures and medications

"We are very excited about the release of our latest program," said Maj. (Dr.) Randy Mauffray, a physician at the USAF Academy's 10th Medical Group and director of the Center of Excellence for Medical Multimedia.

"This program continues the line of award winning programs developed by the CEMM," Dr. Mauffray said. "Cardiovascular disease remains the leading killer of men and women in the United States."

Cardio Connection: Hypertension is the only program that includes the new JNC Prehypertension Guidelines. Cardio Connection: Hypertension is the first in a series of programs about heart health. Dyslipidemia is slated for release in February followed by coronary heart disease in May.

A comprehensive list of all the programs available thru the CEMM, as well as ordering information, can be found on their website at http://www.cemm.org/ . All the programs are available to patients free of charge. They can be obtained from the Warren Clinic, Warren Health and Wellness Center and TRICARE civilian medical facilities.

For more information about any of the CEMM's programs, visit your clinic or contact your healthcare provider.

Forces Winning Iraqi 'Hearts, Minds'

Senior Master Sgt. Gene LaDoucer

506th Air Expeditionary Group Public Affairs

KIRKUK AIR BASE, Iraq -While overwhelming force brought a quick end to major combat operations in Iraq, it is the coalition's ability to win over its people that will ultimately lead to a free Iraq, said U.S. Central Command's deputy commander.

During a quick visit here Jan. 12, Lt. Gen. Lance Smith spoke highly of the efforts of U.S. forces in establishing security and stability in Iraq. He was also quick to praise the efforts of Iraqis who have stepped forward to turn in weapons and identify anti-coalition forces.

"The people of Iraq are starting to realize they're the ones who'll have to do this and they're coming forward," said the general, who later made stops at Tallil Air Base and Baghdad International Airport. "We're looking to them to take more of a leadership role."

Gen. Smith pointed to the Jan. 5 denouncement of violence by high-level Ba'ath Party members as an example of the cooperation helping stabilize the country. During a meeting at a U.S. Army headquarters in Tallafar, a member of Saddam Hussein's former political party, said he is confident that by helping coalition forces Iraqis will see swift and sure amendments to the years of poverty and hardship many in the country have endured.

"Once they realized we were here to help, many of them started coming forward telling us where the (improvised explosive devices) were. Many of them also came forward with the location of anti-coalition members, and we're seeing a lot of turning-in

of weapons," the general said.

While progress is being made, Gen. Smith said challenges re-

"We've watched the number of significant events (against coalition forces) decline considerably, but we've seen an increase in attacks on Iraqis who are supporting the coalition," he said. "We're working that piece now, which doesn't work in the favor of the anti-coalition folks out there.

"I won't say we've turned the corner or that there is light at the end of the tunnel, but our soldiers, airmen, Marines and sailors are winning over the Iraqi people. I think we're on track to leave behind a free and fledgling democracy when we depart here," he said.

"The future of Iraq will rest not with just the combat capability of all our troops but their ability win over the hearts and minds," he said.

WIRED!

Warren OSI Agent Busts the Bad Guys

Airman 1st Class Lauren Hasinger was recently brought in to the OSI office to turn the table on special agent Vinny Viola by interrogating the Brooklyn native about everything from Judge Wapner to Frank Sinatra.

Describe your job?

On paper our job is to run felony investigations for the Air Force.

What is your job off paper?

I just mean that felony investigations is very broad. I run the fraud department.

What would someone have to do to have you in their face?

They would have to steal or damage more than \$10,000. The total loss for the Air Force has to be more than \$10,000.

How long have you been in OSI?

I've been here for a year and a half.

What's your favorite part?

Everyday we bring people in and they lie to us. We know they're lying. So my favorite part is getting to the bottom of it.

How do you stay positive when you deal with so much bad stuff?

I never take it personally. People do bad things, it's just a bad decision. I just deal with it like anything else.

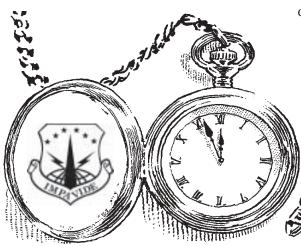
Has your job changed you?

Yeah, I think it's changed me. We get to see the flip side. It's opened my eyes to the stuff that has gone on around here.

What made you want this job?

When I was in college I thought about the FBI or CSI. This just turned out to be more interesting.

What TV or movie character do



you feel represents you the most?

Magnum P.I. because he got all the chicks. Or, the bailiff from Judge Wapner because he was involved, but quiet and off to the side.

What is the hardest thing to deal with about your job?

Anytime a case involves a kid it's hard.

Who is your hero?

Gunner Hancock. He exemplifies the special agent career field while doubling as a rodeo champion.

What's something the people you work with would be surprised to know about you?

That I actually hold a very fond opinion of the town of Cheyenne.

What is your favorite book?

71-113 Arming and the use of Force Policy.

Where are you originally from?

Brooklyn, N.Y. My family is still there. Once you get off the boat from Ellis Island, there's no leaving.

What do you miss most about home?

Old friends and good food.

What did you do before OSI?

I hosted a public access fishing show called "Live From the Hudson River."

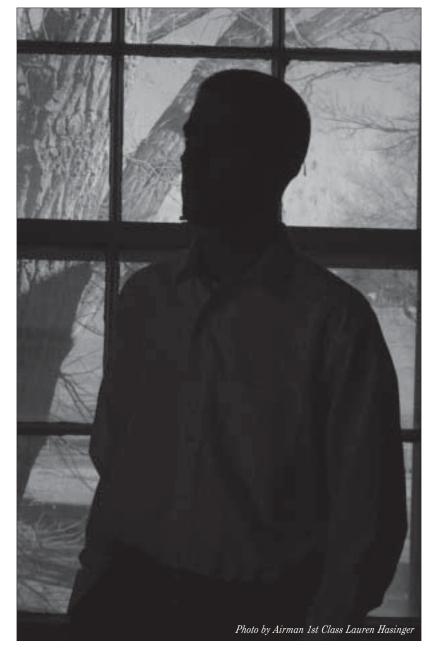
Tell me about your family?

We're your basic Italian family from Brooklyn.

When you were a kid, what did you want to be when you grew up?

I wanted to own a pizzaria.

What made you change your mind?



I realized that I can't cook. Papa John's makes it look really easy.

What would you do with a time machine?

I would go back in time to when the UCMJ was being written and make it so that if you're under 25 and drunk you can't have sex. That would eliminate 50 percent of our case load.

What CD is in your stereo right now?

I've got Frank Sinatra.

What's your life's motto? OSI, freeze or die.

What would you say to someone who's out there doing something bad on base?

Come in and confess.

Mighty Ninety Gets New Teammate

Missile-aneous

Staff Sgt. Kurt Arkenberg Public Affairs

Oct. 1, Phoenix Management, Inc., of Austin, Texas became the newest member to join the 90th Logistics Readiness Squadron and the Mighty Ninety when PMI assumed responsibility for the base supply, fuels, CE self help store, CE material control, and missile maintenance material control functions in support of wing mission requirements.

The Warren operation is an integral portion of the Air Force Space Command's Multi-Wing Logistics Support Acquisition contract awarded to PMI in January, 2002. This seven year, \$70 million contract requires PMI to operate a variety of support functions at Peterson Air Force Base, Schriever AFB, Buckley AFB. Colo... Malmstrom AFB, Mont., Warren and, beginning in 2005, at Vandenberg AFB, Calif.

PMI began operations in Austin, Texas, in 1992 as the fulfillment of a dream by Marjorie and Leonard Strickland who decided they could provide quality services at a reasonable cost to the government. Eleven years later, they have exceeded their own expectations and are now the number one "Woman owned" business in Austin. PMI currently has two Army transportation contracts and 12 Air Force contracts operated by over 500 employees, generating an annual income in excess of \$30 million.

The PMI on-site contract manager is Mr. Ronald Hawkins, a 30-plus-year veteran of the Air Force and contract logistics operations. Mr. Hawkins served as the PMI contract manager at Elmendorf AFB, Alaska, prior to his assignment here.

"It's nice to get back to a warmer climate," said Mr. Hawkins. "Although I'm still searching for salmon in the waters of Wyoming."

"I welcome your comments and suggestions," he said. "I have an open-door policy, so feel free to help me make any improvements in the logistics community that may be needed."

For more information about PMI or to make a suggestion, contact Mr. Hawkins at 773-4136, or stop by Building 1284 at 7100 Saber Road.

Give me Your Two Cents

Why is it Important to Celebrate MLK Day?



"He stood for something important."

> Airman 1st Class Michael Sandoval, 90 LRS



"To remember all who helped gain rights for freedom."

> Airman 1st Class Vincent Weiters, 790 MSFS



"The Civil Rights Era was an influential time and he was an influential person."

> Airman 1st Class Eddie Winkley, 90 LRS

HOOPS, from Page 2

missile crew evaluation and am certified Basic Mission Ready. The main credit goes to my deputy, 1st Lt. Carrie May. Her expertise, maturity and humor kept me on track. The final results were zero errors and zero people died laughing. Many thanks!

I was honored to sign federal service certificates for several professional civilians who are a huge part of our team and personal institutions in our wing. Each had more than 30 years service to our nation. They included: Lvnda Hardgrave, Diana Scheer and Ray Asher. One, Bob Schofield, has served over 50 years!! We salute each of you.

It's with great sadness that we recently lost Mr.

Stuart Ziemann. Though I'd only known him a short time, Stu made a big impact on me personally. He was a huge force for good on our base and in the surrounding community. We will miss him very much and offer our prayers to his family.

Finally, even as I draft this column the IG is still in full swing and we don't know the results of the Nuclear Surety Inspection. We'll know the final scores as you read this. Let me say being WIRED, this wing has performed with distinction. We can take pride in so many obstacles overcome and in your personal sacrifices. There will be items we need to fix and we will, but there will be much to celebrate too. Keep charging hard! --Col Hoops



Where On Warren

A horse's head it might seem Is held too high to be unseen But to know where equine stay The first will win a prize today

Think you know the answer? Be the first to send an email to sentinel@warren.af.mil with the correct building's address and you'll win a coupon book from Services.

Disclaimer: While the questions have been painstakingly researched, the answers have not. Poor, misleading and multiple answer questions are par for the course. PA staff, Museum staff, group and base commanders are excluded from